comfort zone | O

Table for One A meal alone is

A meal alone is a gift, not a disgrace: Use it to clear your head, savor your food, treat yourself like (honored) company. Three ways to set it up.

Sitting pretty: Spruce up the table with chic details (like an unshareable box of chocolates). Your own presence—and Penny's (she played Elizabeth Taylor, Charlotte's Cavaller King

me

Charles spaniel, on Sex and the City)—is reason enough to celebrate. SINGULAR ADVANTAGE: Not having to dress up something cool and easy (a breezy sarong, a little tank) will do. 1. Carrot & Stick Press place card, \$7 for ten. 2. Christofle salt and pepper shakers, \$125. 3. Michael C. Fina bread plate, \$45. 4.,7., 12. & 13. Christofle soupspoon, knife, dinner fork, salad fork, \$385 for a five-piece place setting. 5. Christofile green goblet, \$150. 6. Michael Weems Collection balloonwineglass, \$83. 8. Kim Seybert argyle napkin, \$34. 9, 10. 8 11. Michael C. Fina dessert plate, \$55 (with La Maison du Chocolat

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two-piece assortment box, S6); dinner plate, S60; presentation plate, S70. On Penny: Hermès Twilly, S115. In background: Flowers of the World bouquet and vase. Silk Trading Company fabric. >

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Food for thought: Eating in your home office is no chore when you push the computer aside and make room right at your desk. If you're more worker bee than social butterfly, you can still spoil yourself

with gorgeous tableware—just buy enough for one or two rather than a service for 12. SINGULAR ADVANTAGE: Brainstorm quietly during the meal—no need to make conversation. 1. & 2. Ordning &

Reda notebooks, \$20 and \$13. 3. Vera Wang all-purpose glass, \$30. 4. Madeline Stuart desk. 5. & 9. Tiffany & Co. teaspoon, \$75, and dinner fork, \$130. 6. La Maison Marina monogrammed linen napkin, \$16. 7. & 8. Mega by Royal Copenhagen Porcelain dinner plate, \$100, and salad plate, \$65. 10. Apple 12-inch PowerBook G4. Flowers of the World bouquet and vase. \$

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TV dinner upgrade: Lounging on the rug, devouring sesame noodles, watching *Desperate Housewives*—what a night! It gets even better when you pop your delivery into a shiny, glamorous takeout container and use sleek silver-tipped chopsticks, or dish it

onto gold plates (metallics are big this year). Single-serving-size Champagne adds a fizzy touch. SINGULAR ADVANTAGE: Feeling free to order anything, no matter how messy, garlicky, or caloric. And leftovers are almost guaranteed. 1. Sharp Aquos 15-inch LCD TV, \$600. 2. Christofle silver-plated straw, \$115 for two. 3. Pink POP Champagne, \$9 per bottle. 4. Nima Oberol for Lunares aluminum takeout container, \$48. 5. Ralph Lauren Home gold-lined bowl, \$100. 6. Christofle ivory and silver chopsticks with gold accents, \$55. 7. Ralph Lauren Home teacup and saucer, \$140. 8. Bodrum napkin, \$7. 9. & 10. Ralph Lauren Home salad plate, \$90, and dinner plate, \$125. *In background:* Elementi Rug by Marni for the Rug Company. For details see Shop Guide.

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